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| **Nutrition Diagnosis (ND) Submission Review Checklist for a new diagnosis submission –** new diagnoses (or revision or retirements) are based on the most current level of scientific evidence. | | | | | |
| **This is the form the NCPT Committee will use to evaluate your submission. Use it as your guide when preparing your submission.** | | | | | |
| **Criteria** | | **Extra comments – not for checklist** | **Yes** | **No** | **Comments / Suggestions** |
| Overall | Consistent with the definition of nutrition diagnosis |  |  |  |  |
| Diagnostic Concept | Distinct from existing concepts |  |  |  |  |
| Label | Clear |  |  |  |  |
| Stated at fundamental level |  |  |  |  |
| Supported by references | Literature\* to support label |  |  |  |
| Definition | Provides a clear, precise description of the label without using the language of the label. |  |  |  |  |
| Differs from defining characteristics |  |  |  |  |
| Supported by references (Identify the references to support this definition) | Literature\* must support the definition of the label.  Literature published in the last 5 years, unless classic studies. |  |  |  |
| Defining characteristics or indicators  [minimum of two (2) required] | Identified and consistent with the definition |  |  |  |  |
| Each contains a single concept not multiple concepts |  |  |  |  |
| Focus is on patient, client, family, and/ or population |  |  |  |  |
| Does not coincide or overlap with other diagnosis |  |  |  |  |
| Addresses patient/ population needs which are part of the RDN scope of practice |  |  |  |  |
| Supported by references | Literature\* supporting each defining characteristic should focus on literature published in the last 5 years, unless classic studies. |  |  |  |
| Related factors or etiology | Identified |  |  |  |  |
| Supported by references | Literature\* to support related factors |  |  |  |
| Bibliography  [minimum of two (2) required] | All articles referenced |  |  |  |  |
| Numbered and linked to components |  |  |  |  |
| Literature published in the last 5 years |  |  |  |  |
| Reference does not include textbooks |  |  |  |  |
| AMA format |  |  |  |  |
| Nutrition Interventions | Provide a minimum of one (1) and up to three (3) case studies using relevant nutrition interventions to resolve the proposed ND term |  |  |  |  |
| Nutrition Monitoring and Evaluation | Provide a minimum of one (1) and up to three (3) case studies using relevant nutrition assessment and monitoring and evaluation terms from eNCPT for this ND |  |  |  |  |

\*Literature should be research-based literature (and focus on literature published in the last 5 years), but if such literature does not exist, non-research-based literature may be referenced

**COMPONENTS OF A DIAGNOSIS**

**Diagnosis Label**  
Provide a name for the nutrition diagnosis that reflects, at a minimum, the diagnostic focus and the RDN judgment. It is a concise term or phrase that represents a pattern of related cues. It may include modifiers. A literature review is required to demonstrate the existence of a substantive body of knowledge underlying the diagnosis. The structure is simple, clear and adequately described from the beginning (fundamental level).

**Definition**  
Provide a clear, precise description to delineate the term’s meaning and differentiate it from other similar nutrition diagnoses. The definition is consistent with the label, without using the language of the label. The label and definition are distinct from other eNCPT diagnoses and definitions. The definition differs from the defining characteristics and label, and these components are not included in the definition. The label and definition are supported by literature references, and these are identified.

**Defining Characteristics**  
List observable cues/inferences that cluster as manifestations of a problem-focused diagnosis. This does not only imply those things that the RDN can see, but things that are seen, heard (e.g., the patient/family tells us), touched, or smelled. Each sign/symptom should contain a single concept focused on the patient/client, family, and/ or population. The characteristic should not coincide or overlap with other indicators. The term addresses the patient/ population need within the RDN scope of practice.  
  
**Related Factors**  
Factors that appear to show some type of patterned relationship with the nutrition diagnosis. Such factors may be described as antecedent to, associated with, related to, or contributing to the nutrition diagnosis.

**Label, Definition, Defining Characteristics and Related Factors and References**  
References are cited for the definition, each defining characteristic and each related factor.

**Concept Analysis and Summary**

In addition to meeting the structural requirements for a nutrition diagnosis, a narrative review of relevant literature, culminating in a written concept analysis, is required to demonstrate the existence of a substantive body of knowledge underlying the diagnosis. The literature review/ concept analysis supports the label and definition, and includes discussion and support of the defining characteristics and related factors (for problem-focused diagnoses)