



Nutrition Care Process Model Tutorials

Nutrition Care Process and Terminology Committee
Academy of Nutrition and Dietetics

Nutrition Care Process Terminology
2015 Edition 

Nutrition Assessment: Terms and Use



Module Objectives

By the end of this module, the participant will:

- Understand the organization of domains and classes of the nutrition assessment terms.
- Understand the relevance and usage of the terms within each domain and class.



Terms: Overview

Nutrition Assessment and Re-Assessment

- Obtaining, analyzing, and documenting data
- Terms are organized into five domains
- Within each domain terms are organized into classes and sub-classes
- Each term is given an alpha-numeric term number to help link placement of the term in the term list and the corresponding reference sheet. There is no need or reason to use this alpha-numeric number in charting.

Domains, Classes, and Sub-Classes 

Nutrition Assessment domains, classes, and sub-classes are:

Food –Nutrition Related History: data you would collect as a part of the interview or written assessment (food record) from the patient and includes:

- Food and nutrient intake
- Food and Nutrient Administration
- Medication and Complimentary/Alternative Medicine Use
- Knowledge, Beliefs, Attitudes
- Behavioral factors effecting achievement of nutrition-related goals
- Factors Affecting Access to Food and Food/Nutrition-Related Supplies
- Physical Activity and Function
- Nutrition-Related Patient/Client-Centered Measures

Domains, Classes, and Sub-Classes 

Nutrition Assessment domains, classes, and sub-classes are:

Anthropometric Measurements

- Height
- Weight
- Body Mass Index
- Growth pattern indices, percentile ranks
- Weight history

Domains, Classes, and Sub-Classes 

Nutrition Assessment domains, classes, and sub-classes are:

Biochemical Data, Medical Tests, and Procedures

- Laboratory Data, e.g., electrolytes, glucose
- Tests, e.g., gastric emptying time, resting metabolic rate

Domains, Classes, and Sub-Classes 

Nutrition Assessment domains, classes, and sub-classes are:

Nutrition-Focused Physical Findings: findings from observation and evaluation of body systems

- Muscle and sub-cutaneous fat wasting
- Oral health
- Suck, swallow, breathe ability
- Appetite

Domains, Classes, and Sub-Classes 

Nutrition Assessment domains, classes, and sub-classes are:

Client History

- Personal history including general information such as age, gender, ethnicity
- Patient/Client/Family Medical History, including disease states, conditions, illnesses
- Social History includes socioeconomic data, housing, medical care support, involvement in social groups

Examples 

Review the Nutrition Assessment (and Monitoring and Evaluation) Terminology Sheet to see the organization of terms. [<http://ncpt.webauthor.com/pubs/idnt-en/page-006>]

An example of a term within a sub-class, class, and domain is:

- Food-Nutrition Related History (FH) (**Domain**)
- Food and Nutrient Intake (1) (**Class**) *Composition and adequacy of food and nutrient intake, meal and snack patterns, current and previous diets and/or food modifications, and eating environment.*
- Energy Intake (1.1) (**Sub-Class**) *Total energy intake from all sources including food, beverages, breastmilk/formula, supplements, and via enteral and parenteral routes*
- Total Energy Intake (FH-1.1.1.1) (**Term**) 10005 (the Academy's SNOMED Unique Identifier* for the term)

* assigned for data tracking purposes in electronic health records. For more information, look under the "Resources" tab and open "The NCPT and FHRs"

Comparative Standards



Comparative Standards are the terms used by the RD, RDN, DTR for comparison of the collected data to determine a nutrition diagnosis (problem)

In Summary



Assessment terminology is organized in domains, classes, and sub-classes.

Accurate use of the assessment terminology is important for accuracy throughout the Nutrition Care Process.
