



## Nutrition Care Process Model Tutorials

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Nutrition Care Process and Terminology Committee  
Academy of Nutrition and Dietetics

Nutrition Care Process Terminology  
2015 Edition 

## Nutrition Diagnosis: Terms and Use

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### Module Objectives

By the end of this module, the participant will:

- Understand the organization of domains and classes of the nutrition diagnosis terms.
- Understand the relevance and implement usage of the terms within each domain and class.

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### Terms: Overview

#### Nutrition Diagnosis

- Terms are organized into three domains
- Within each domain terms are organized into classes and sub-classes
- Each term is given an alpha-numeric term code to help visualize the placement of the term in the term list and the corresponding reference sheet. There is no need or reason to use this alpha-numeric code in documentation.

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**Domains, Classes, and Sub-Classes** eat right. Academy of Nutrition and Dietetics

Nutrition Diagnosis domains, classes, and sub classes are:

Intake: nutritional findings and/or problems that relate to intake of energy, nutrients, fluids, and bioactive substances:

- Energy Balance
- Oral or Nutrition Support Intake
- Fluid Intake
- Bioactive Substances
- Nutrient

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**Domains, Classes, and Sub-Classes** eat right. Academy of Nutrition and Dietetics

Nutrition Diagnosis domains, classes, and sub classes are:

Clinical: nutritional findings and/or problems that relate to medical or physical conditions:

- Functional
- Biochemical
- Weight
- Malnutrition Disorders

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**Domains, Classes, and Sub-Classes** eat right. Academy of Nutrition and Dietetics

Nutrition Diagnosis domains, classes, and sub classes are:

Behavioral-Environmental: nutritional findings and/or problems that relate to knowledge, attitudes/beliefs, physical environment, and access to food:

- Knowledge and Beliefs
- Physical Activity and Function
- Food Safety and Access

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**Domains, Classes, and Sub-Classes** 

Nutrition Diagnosis domains, classes, and sub classes are:

Other: nutritional findings and/or problems not classified as intake, clinical or behavioral-environmental problems:

- Other

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**Examples** 

Review the Nutrition Diagnosis Terminology Sheet to see the organization of terms.  
[<http://ncpt.webauthor.com/pubs/idnt-en/page-006>]

An example of a term within a sub-class, class, and domain is:

- Clinical (NC) (**Domain**)
- Weight (3) (**Class**) *Chronic weight or changed weight status when compared with usual or desired body weight*
- Overweight/obesity (3.3) (**Sub-Class**)
- Overweight, adult or pediatric (NC-3.3.1) (**Term**) 10767 (the Academy's SNOMED Unique Identifier\* for the term)

\* assigned for data tracking purposes in electronic health records.

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**Summary** 

Nutrition Diagnosis terms are organized into three domains, classes, and sub-classes. All current terms are organized into one of the following domains

- Intake
- Clinical
- Behavioral-Environmental

It is expected that nutrition problems or diagnoses will be described with terms from one of these domains.

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Summary

Proceed to the next module for a discussion of PES statement development.

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